North Sydney Local Government Area (LGA) is one of 9 LGAs in the Sydney North Primary Health Network (SNPHN) region.

Key Areas: Childhood immunisation rates, ageing population, financial stress from mortgage or rent and breast cancer screening rates.

**HEALTH DRIVERS**

North Sydney LGA is an affluent area, ranking in the least disadvantaged quintile (20%) on the index of relative socio-economic disadvantage. There is a small area of comparatively high disadvantage in the suburb of Kirribilli.

- **1.2%** of people aged 16-64 years receive unemployment benefits
  - SNPHN: 1.7%; NSW: 5.2%
- **44.3%** of people aged 17 years participating in tertiary education
  - SNPHN: 46.1%; NSW: 29.9%
- **39.3%** of low-income families experience financial stress from mortgage or rent
  - SNPHN: 33.6%; NSW: 32.9%

**VULNERABLE GROUPS**

- **Children**
  - 5.3% (434) of children in low-income, welfare-recipients families
    - SNPHN: 7.2%; NSW: 24%

- **Elderly**
  - 13.6% (9,881) of the total population aged 65+ years
    - SNPHN: 15.5%; NSW: 15.7%
  - Between 2016-2031, there will be an increase of 47.5% in the 65+ years population
    - SNPHN: 43.3%; NSW: 50.3%

- **Disability**
  - 1.9% of the population have severe or profound disability
    - SNPHN: 3.4%; NSW: 4.9%

**HEALTH RISK FACTORS**

- **Obesity**
  - 13.2 per 100 (18+ years) obese
    - SNPHN: 17.7; NSW: 26.4

- **Alcohol**
  - Alcohol attributable hospitalisations
    - 28.6% higher than the NSW rate.
    - 908 per 100,000

- **Smoking**
  - 10 per 100 (18+ years) current smokers
    - SNPHN: 10.2; NSW: 16.2

**CHILDHOOD IMMUNISATION**

IMMUNISATION RATES LOWER THAN THE NATIONAL ASPIRATIONAL TARGET OF 95%

- **1-year-old**
  - 90.6% fully immunised
    - SNPHN: 90%; NSW: 90.1%

- **2-years-old**
  - 90% fully immunised
    - SNPHN: 89%; NSW: 90.7%

- **5-years-old**
  - 86.5% fully immunised
    - SNPHN: 90%; NSW: 92.5%

**CANCER SCREENING**

- **Bowel cancer screening** participation rates among people aged 50-74 years in North Sydney (37.6%) similar to the SNPHN rate (37.1%) but higher than the NSW rate (35.1%).

- **Cervical cancer screening** participation rates among women aged 20-69 years (62.2%) similar to the SNPHN rate (62.7%) but higher than the NSW rate (56%).

- **Breast cancer screening** participation rates among women aged 50-69 years (49.8%) lower than both SNPHN (52.5%) and NSW (51.6%) rates.

For more information, visit www.snhn.org.au

Published 2016
### Primary Healthcare

- **21** GP practices in the North Sydney region
- **142 GPs per 100,000 people**
  - SNPHN: 128 per 100,000 people; NSW: 118 per 100,000 people

### Potentially Preventable Hospitalisations

- **1,469 per 100,000 people**
  - NSW: 2,086 per 100,000 people

### Chronic Conditions

<table>
<thead>
<tr>
<th>Condition</th>
<th>Rate per 100 (NSW)</th>
<th>Rate per 100 (SNPHN)</th>
<th>Rate per 100 (North Sydney)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Diabetes mellitus</td>
<td>8.5</td>
<td>5.9</td>
<td>11.2</td>
</tr>
<tr>
<td>Hypertension</td>
<td>13.8</td>
<td>13.0</td>
<td>17.6</td>
</tr>
<tr>
<td>Circulatory system diseases</td>
<td>7.5</td>
<td>5.6</td>
<td>10.6</td>
</tr>
<tr>
<td>Respiratory system diseases</td>
<td>5.9</td>
<td>4.2</td>
<td>8.5</td>
</tr>
<tr>
<td>High blood cholesterol</td>
<td>3.1</td>
<td>2.2</td>
<td>4.2</td>
</tr>
<tr>
<td>Musculoskeletal system diseases</td>
<td>11.6</td>
<td>9.1</td>
<td>15.3</td>
</tr>
</tbody>
</table>

### Mental Health

- **12.9 per 100**
  - (15+ years) report mental and behavioural problems
  - SNPHN: 12.1; NSW: 13.1
- **8.5 per 100**
  - (18+ years) report high or very high psychological distress
  - SNPHN: 8.5; NSW: 10.5
- **7,254 per 100,000 people**
  - with a Mental Health Treatment Plan created by a GP
  - SNPHN: 6,271; NSW: 8,222

### Demography

- **CALD**:
  - 20.8% of the population is from a culturally and linguistically diverse background (SNPHN: 22.1%; NSW: 18.6%).
  - Chinese and Japanese largest culturally and linguistically diverse groups.
  - 1.7% of people born overseas report poor proficiency in English
  - SNPHN: 2.8%; NSW: 3.4%

- **Aboriginal**:
  - 0.3% (190) of the population identify as Aboriginal and Torres Strait Islander
  - SNPHN: 0.4%; NSW: 3%

### Total Population

- **Total population 72,618**
  - Between 2016-2031, the total population will increase by 19.8% to 85,700
  - SNPHN: 20.3%; NSW: 19.7%

### Sources


For more information, visit [www.snhn.org.au](http://www.snhn.org.au)