

TESTING CHART

PREVENT

TEST MORE

TREAT EARLY

HIV TESTING

HEALTH.NSW.GOV.AU

RISK GROUP	FREQUENCY
Men who have sex with men (MSM) – all	Annually
MSM with risk behaviours e.g. unprotected sex	3 – 6 monthly
Injecting drug users	Once, then annually if continued use
Contacts (blood or sexual) or someone with HIV (or at risk of HIV)	Once, then annually if ongoing exposure
Anyone diagnosed with an STI, or hepatitis B or C	Once, and with any subsequent infection
Anyone with multiple partners, or recent partner change	Once, then annually if ongoing risk
Anyone reporting risk behaviours in high-prevalence countries	Once, then annually if ongoing risk
Migrants from high-prevalence countries, or partners of such migrants	Once, then annually if ongoing risk
Pregnant women	First antenatal visit each pregnancy
Anyone who received blood products in Australia before 1985	Once
Health Care Workers conducting exposure-prone procedures	Annually
Anyone with features of HIV infection (opportunistic infections, HIV-linked malignancy, conversion symptoms)	Once
Anyone who requests a test or as part of a sexual health “check up”	Once

A second test may be required three months after the last exposure