



Healthy • Active • Happy • Kids



BECOME FITTER

EAT HEALTHIER

GAIN CONFIDENCE

IMPROVE  
SELF-ESTEEM

MAKE NEW  
FRIENDS

“With each passing week I could see my son gaining confidence and interest in physical activity.”

Go4Fun parent

A FREE 10 WEEK PROGRAM FOR KIDS AGED 7 TO 13 YEARS, AND THEIR FAMILIES COME PLAY UP-BEAT GAMES AND ACTIVITIES IN A SUPPORTIVE, ENCOURAGING ENVIRONMENT.

**Tuesdays**

4.30pm-6.30pm

Starts 11th October

**Hornsby PCYC**

(Performing Arts Centre)

22 Waitara Ave, Waitara

**REGISTER NOW**

**FREECALL 1800 780 900 OR GO4FUN.COM.AU**



**Health**  
Northern Sydney  
Local Health District