



# NORTHERN BEACHES LOCAL GOVERNMENT AREA HEALTH PROFILE

Northern Beaches Local Government Area (LGA) is one of 9 LGAs in the Sydney North Primary Health Network (SNPHN) region. Northern Beaches LGA was formed in May 2016 through the merger of Manly, Pittwater and Warringah LGAs. The following health profile presents the latest information for the previous Manly, Pittwater and Warringah LGAs.

## MANLY

**Key Areas: Alcohol attributable hospitalisations and childhood immunisation rates.**

### HEALTH DRIVERS

**Manly LGA is an affluent area**, ranking in the least disadvantaged quintile (20%) on the index of relative socio-economic disadvantage.



**1.3%** of people aged 16-64 years receive unemployment benefits  
**SNPHN: 1.7%; NSW: 5.2%**



**48.1%** of people aged 17 years participating in tertiary education  
**SNPHN: 46.1%; NSW: 29.9%**



**33.2%** of low-income families experience financial stress from mortgage or rent  
**SNPHN: 33.6%; NSW: 32.9%**

### VULNERABLE GROUPS

#### Children

**5.3% (465)** of children in low-income, welfare-recipient families  
**SNPHN: 7.2%; NSW: 24%**



#### Older People

**13.7% (6,216)** of the total population aged 65+ years  
**SNPHN: 15.5%; NSW: 15.7%**  
Between 2016-2031, there will be an increase of **39.3%** in the 65+ years population  
**SNPHN: 43.3%; NSW: 50.3%**



#### Disability

**2.3%** of the population have severe or profound disability  
**SNPHN: 3.4%; NSW: 4.9%**



### HEALTH RISK FACTORS



**Obesity**  
**14.5 per 100** (18+ years) obese  
**SNPHN: 17.7; NSW: 26.4**



**Alcohol**  
Alcohol attributable hospitalisations  
**60.5% higher** than the NSW rate.  
**1,134 per 100,000**



**Smoking**  
**10.7 per 100** (18+ years) current smokers  
**SNPHN: 10.2; NSW: 16.2**

### CHILDHOOD IMMUNISATION

**IMMUNISATION RATES LOWER THAN THE NATIONAL ASPIRATIONAL TARGET OF 95%**



**1-year-old**  
**88.5%** fully immunised  
**SNPHN: 90% NSW: 90.1%**



**2-years-old**  
**87.1%** fully immunised  
**SNPHN: 89% NSW: 90.7%**



**5-years-old**  
**87%** fully immunised  
**SNPHN: 90% NSW: 92.5%**

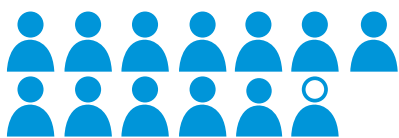
### CANCER SCREENING

**Bowel cancer screening** participation rates among people aged **50-74 years in Manly (39.9%)** higher than both SNPHN (37.1%) and NSW (35.1%) rates.

**Cervical cancer screening** participation rates among women aged **20-69 years (68.5%)** higher than both SNPHN (62.7%) and NSW (56%) rates.

**Breast cancer screening** participation rates among women aged **50-69 years (54.8%)** higher than both SNPHN (52.5%) and NSW (51.6%) rates.

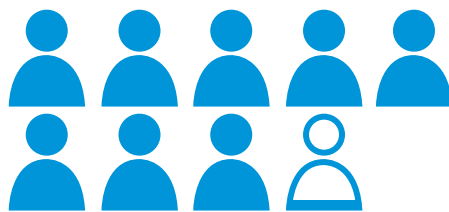
## MENTAL HEALTH



**12.5 per 100**

(15+ years) report mental and behavioural problems

**SNPHN: 12.1; NSW: 13.1**



**9.1 per 100**

(18+ years) report high or very high psychological distress

**SNPHN: 8.5; NSW: 10.5**

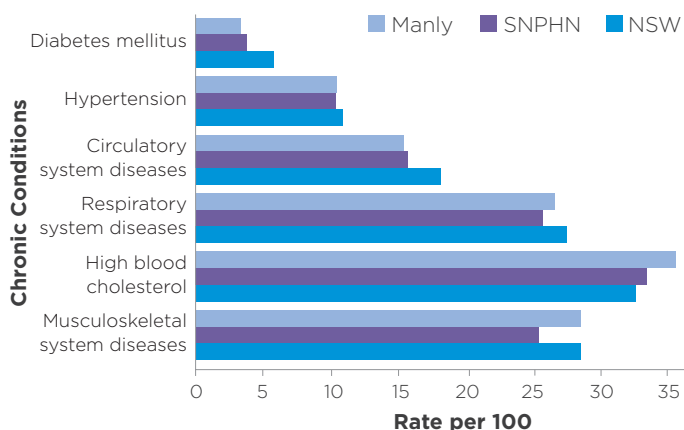


**5,218 per 100,000**

with a Mental Health Treatment Plan created by a GP

**SNPHN: 6,271; NSW: 8,222**

## CHRONIC CONDITIONS



## POTENTIALLY PREVENTABLE HOSPITALISATIONS



**1,531 per 100,000**

**NSW: 2,086 per 100,000**

## PRIMARY HEALTHCARE



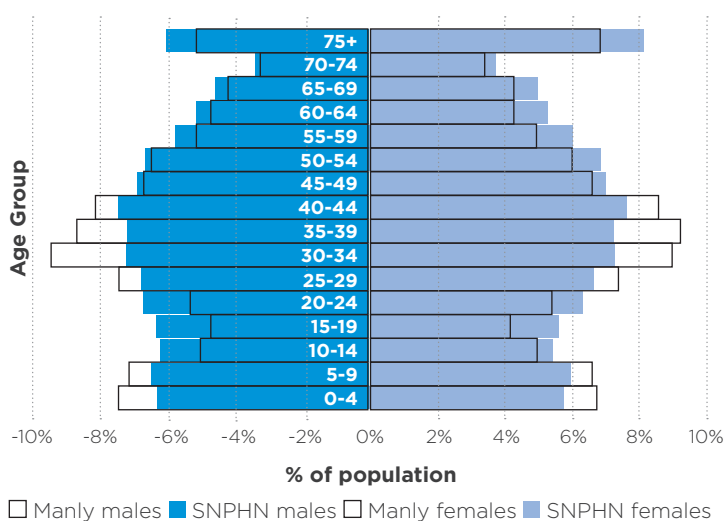
**14** GP practices in the Manly region

**117 GPs per 100,000 people**

**SNPHN: 128 per 100,000 people; NSW: 118 per 100,000 people**

## DEMOGRAPHY

### Age structure comparison by sex for Manly and SNPHN



**Area: 14.4 km<sup>2</sup>**

### CALD

12.3% of the population is from a culturally and linguistically diverse background (SNPHN: 22.1%; NSW: 18.6%). German and Chinese largest culturally and linguistically diverse groups.

0.8% of people born overseas report poor proficiency in English  
**SNPHN: 2.8%; NSW: 3.4%**



### Aboriginal

**0.3% (156)** of the population identify as Aboriginal and Torres Strait Islander  
**SNPHN: 0.4%; NSW: 3%**

**Total population 45,365.** Between 2016-2031, the total population will increase by 19.1% to 53,550  
**SNPHN: 20.3%; NSW: 19.7%**

# NORTHERN BEACHES LOCAL GOVERNMENT AREA HEALTH PROFILE

## PITTWATER

**Key Areas: Smoking, obesity, ageing population, and childhood immunisation rates.**

### HEALTH DRIVERS

Pittwater LGA is an affluent area, ranking in the least disadvantaged quintile (20%) on the index of relative socio-economic disadvantage.



**1.6%** of people aged 16-64 years receive unemployment benefits  
SNPHN: 1.7%; NSW: 5.2%



**31.8%** of people aged 17 years participating in tertiary education  
SNPHN: 46.1%; NSW: 29.9%



**28.5%** of low-income families experience financial stress from mortgage or rent  
SNPHN: 33.6%; NSW: 32.9%

### VULNERABLE GROUPS

#### Children

**7.1% (918)**

of children in low-income, welfare-recipient families  
SNPHN: 7.2%; NSW: 24%



#### Older People

**18.6% (11,948)**

of the total population aged 65+ years  
SNPHN: 15.5%; NSW: 15.7%

Between 2016-2031, there will be an increase of **50%** in the 65+ years population  
SNPHN: 43.3%; NSW: 50.3%



#### Disability

**3.3%** of the population have severe or profound disability  
SNPHN: 3.4%; NSW: 4.9%



### HEALTH RISK FACTORS



#### Obesity

**22.3 per 100** (18+ years) obese  
SNPHN: 17.7; NSW: 26.4



#### Alcohol

Alcohol attributable hospitalisations **11% higher** than the NSW rate.  
784 per 100,000



#### Smoking

**12.3 per 100** (18+ years) current smokers  
SNPHN: 10.2; NSW: 16.2

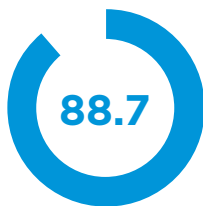
### CHILDHOOD IMMUNISATION

**IMMUNISATION RATES LOWER THAN THE NATIONAL ASPIRATIONAL TARGET OF 95%**



**1-year-old**

**89%** fully immunised  
SNPHN: 90%  
NSW: 90.1%



**2-years-old**

**88.7%** fully immunised  
SNPHN: 89%  
NSW: 90.7%



**5-years-old**

**88.3%** fully immunised  
SNPHN: 90%  
NSW: 92.5%

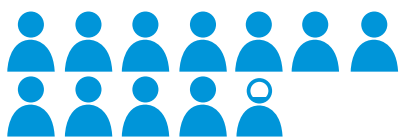
### CANCER SCREENING

**Bowel cancer screening** participation rates among people aged **50-74 years in Pittwater (39%)** similar to the SNPHN rate (37.1%) and higher than the NSW rate (35.1%).

**Cervical cancer screening** participation rates among women aged **20-69 years (69.9%)** higher than both SNPHN (62.7%) and NSW (56%) rates.

**Breast cancer screening** participation rates among women aged **50-69 years (51.1%)** similar to the NSW rate (51.6%) and lower than the SNPHN rate (52.5%).

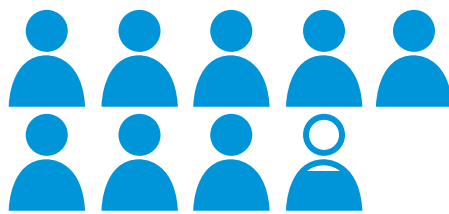
## MENTAL HEALTH



**11.6 per 100**

(15+ years) report mental and behavioural problems

SNPHN: 12.1; NSW: 13.1



**8.4 per 100**

(18+ years) report high or very high psychological distress

SNPHN: 8.5; NSW: 10.5

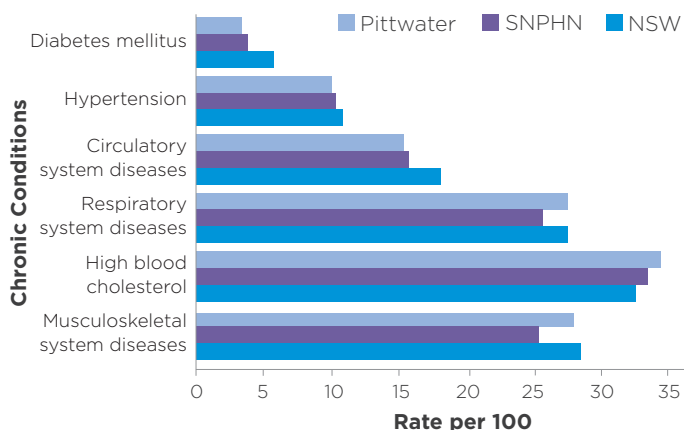


**6,505 per 100,000**

with a Mental Health Treatment Plan created by a GP

SNPHN: 6,271; NSW: 8,222

## CHRONIC CONDITIONS



## POTENTIALLY PREVENTABLE HOSPITALISATIONS



**1,634 per 100,000**

NSW: 2,086 per 100,000

## PRIMARY HEALTHCARE



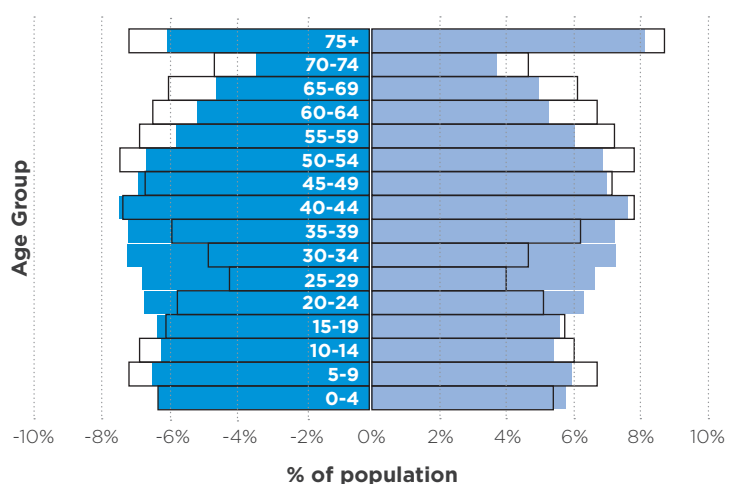
**20** GP practices in the Pittwater region

**109 GPs per 100,000 people**

SNPHN: 128 per 100,000 people; NSW: 118 per 100,000 people

## DEMOGRAPHY

### Age structure comparison by sex for Pittwater and SNPHN



□ Pittwater males ■ SNPHN males □ Pittwater females ■ SNPHN females

**Total population 64,189.** Between 2016-2031, the total population will increase by 21.2% to 77,500  
SNPHN: 20.3%; NSW: 19.7%

**Area: 90.3 km<sup>2</sup>**

### CALD

8.4% of the population is from a culturally and linguistically diverse background (SNPHN: 22.1%; NSW: 18.6%). Italian and German largest culturally and linguistically diverse groups.

0.5% of people born overseas report poor proficiency in English  
SNPHN: 2.8%; NSW: 3.4%



### Aboriginal

**0.5% (329)** of the population identify as Aboriginal and Torres Strait Islander  
SNPHN: 0.4%; NSW: 3%



# NORTHERN BEACHES LOCAL GOVERNMENT AREA HEALTH PROFILE

## WARRINGAH

**Key Areas: Obesity and childhood immunisation rates.**

### HEALTH DRIVERS

**Warringah LGA is an affluent area**, ranking in the least disadvantaged quintile (20%) on the index of relative socio-economic disadvantage. There is a small area of comparatively high disadvantage in the suburbs of Narraweena, Narrabeen, Dee Why, Brookvale and Allambie Heights.



**1.9%** of people aged 16-64 years receive unemployment benefits  
**SNPHN: 1.7%; NSW: 5.2%**



**40%** of people aged 17 years participating in tertiary education  
**SNPHN: 46.1%; NSW: 29.9%**



**29.7%** of low-income families experience financial stress from mortgage or rent  
**SNPHN: 33.6%; NSW: 32.9%**

### VULNERABLE GROUPS

#### Children

**7.2%**  
**(2,313)**

of children in low-income, welfare-recipient families  
**SNPHN: 7.2%; NSW: 24%**



#### Older People

**15.7% (24,532)**

of the total population aged 65+ years  
**SNPHN: 15.5%; NSW: 15.7%**

Between 2016-2031, there will be an increase of **33.8%** in the 65+ years population  
**SNPHN: 43.3%; NSW: 50.3%**



#### Disability

**3.7%** of the population have severe or profound disability  
**SNPHN: 3.4%; NSW: 4.9%**



### HEALTH RISK FACTORS



#### Obesity

**23.4 per 100** (18+ years) obese  
**SNPHN: 17.7; NSW: 26.4**



#### Alcohol

Alcohol attributable hospitalisations **27.7% higher** than the NSW rate.  
**902 per 100,000**



#### Smoking

**11.5 per 100** (18+ years) current smokers  
**SNPHN: 10.2; NSW: 16.2**

### CHILDHOOD IMMUNISATION

**IMMUNISATION RATES LOWER THAN THE NATIONAL ASPIRATIONAL TARGET OF 95%**



**1-year-old**

**90.6%** fully immunised  
**SNPHN: 90% NSW: 90.1%**



**2-years-old**

**88.6%** fully immunised  
**SNPHN: 89% NSW: 90.7%**



**5-years-old**

**90.6%** fully immunised  
**SNPHN: 90% NSW: 92.5%**

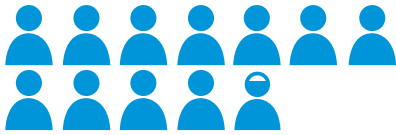
### CANCER SCREENING

**Bowel cancer screening** participation rates among people aged **50-74 years in Warringah (38.1%)** similar to the SNPHN rate (37.1%) and higher than the NSW rate (35.1%).

**Cervical cancer screening** participation rates among women aged **20-69 years (65.7%)** higher than both SNPHN (62.7%) and NSW (56%) rates.

**Breast cancer screening** participation rates among women aged **50-69 years (52.7%)** similar to the SNPHN rate (52.5%) and higher than the NSW rate (51.6%).

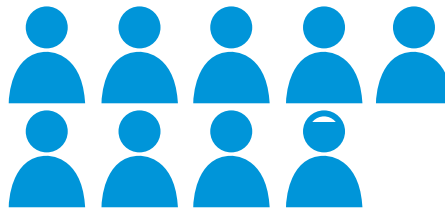
## MENTAL HEALTH



**11.9 per 100**

(15+ years) report mental and behavioural problems

**SNPHN: 12.1; NSW: 13.1**



**8.9 per 100**

(18+ years) report high or very high psychological distress

**SNPHN: 8.5; NSW: 10.5**

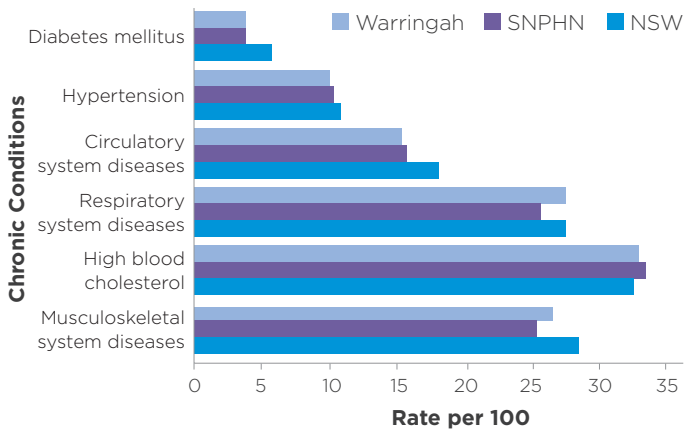


**5,819 per 100,000**

with a Mental Health Treatment Plan created by a GP

**SNPHN: 6,271; NSW: 8,222**

## CHRONIC CONDITIONS



## POTENTIALLY PREVENTABLE HOSPITALISATIONS



**1,672 per 100,000**

**NSW: 2,086 per 100,000**

## PRIMARY HEALTHCARE



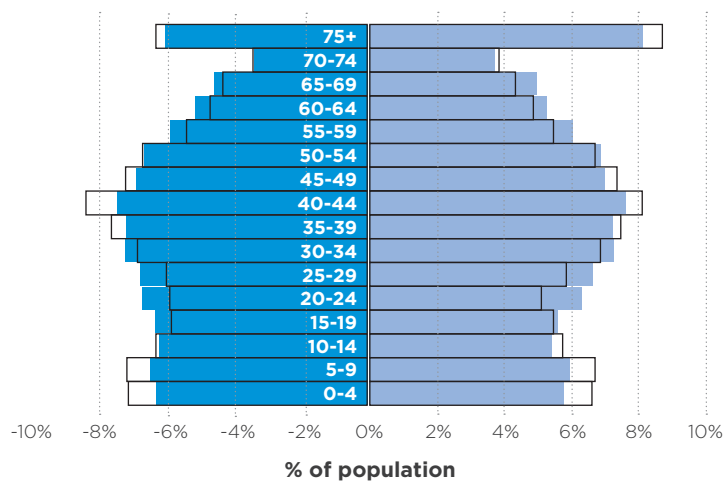
**27** GP practices in the Warringah region

**98 GPs per 100,000 people**

**SNPHN: 128 per 100,000 people; NSW: 118 per 100,000 people**

## DEMOGRAPHY

### Age structure comparison by sex for Warringah and SNPHN



□ Warringah males ■ SNPHN males □ Warringah females ■ SNPHN females

**Total population 156,693.** Between 2016-2031, the total population will increase by 14.9% to 179,650  
**SNPHN: 20.3%; NSW: 19.7%**

**Area: 149.4 km<sup>2</sup>**

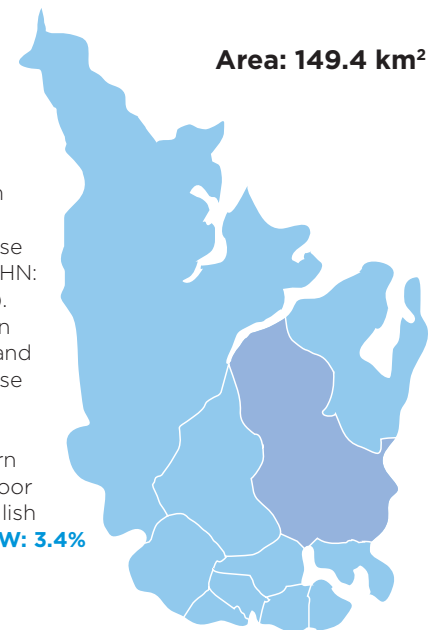
### CALD

14.6% of the population is from a culturally and linguistically diverse background (SNPHN: 22.1%; NSW: 18.6%). Chinese and Italian largest culturally and linguistically diverse groups.

1.7% of people born overseas report poor proficiency in English  
**SNPHN: 2.8%; NSW: 3.4%**

### Aboriginal

**0.5% (783)** of the population identify as Aboriginal and Torres Strait Islander  
**SNPHN: 0.4%; NSW: 3%**



## Sources

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For more information, visit [www.snhn.org.au](http://www.snhn.org.au)

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