

# NORTH SYDNEY LOCAL GOVERNMENT AREA HEALTH PROFILE

North Sydney Local Government Area (LGA) is one of 9 LGAs in the Sydney North Primary Health Network (SNPHN) region.

**Key Areas: Child immunisation rates, ageing population, financial stress from mortgage or rent and breast cancer screening rates.**

## HEALTH DRIVERS

North Sydney LGA is an affluent area, ranking in the least disadvantaged quintile (20%) on the index of relative socio-economic disadvantage. There is a small area of comparatively high disadvantage in the suburb of Kirribilli.



**1.2%** of people aged 16-64 years receive unemployment benefits  
SNPHN: 1.7%; NSW: 5.2%



**44.3%** of people aged 17 years participating in tertiary education  
SNPHN: 46.1%; NSW: 29.9%



**39.3%** of low-income families experience financial stress from mortgage or rent  
SNPHN: 33.6%; NSW: 32.9%

## VULNERABLE GROUPS

### Children

**5.3% (434)** of children in low-income, welfare-recipient families  
SNPHN: 7.2%; NSW: 24%



### Older People

**13.6% (9,881)**

of the total population aged 65+ years  
SNPHN: 15.5%; NSW: 15.7%

Between 2016-2031, there will be an increase of **47.5%** in the 65+ years population  
SNPHN: 43.3%; NSW: 50.3%



### Disability

**1.9%** of the population have severe or profound disability  
SNPHN: 3.4%; NSW: 4.9%



## HEALTH RISK FACTORS



### Obesity

**13.2 per 100** (18+ years) obese  
SNPHN: 17.7; NSW: 26.4



### Alcohol

Alcohol attributable hospitalisations **28.6% higher** than the NSW rate.  
908 per 100,000



### Smoking

**10 per 100** (18+ years) current smokers  
SNPHN: 10.2; NSW: 16.2

## CHILDHOOD IMMUNISATION

**IMMUNISATION RATES LOWER THAN THE NATIONAL ASPIRATIONAL TARGET OF 95%**



**1-year-old**

**90.6%** fully immunised  
SNPHN: 90%  
NSW: 90.1%



**2-years-old**

**90%** fully immunised  
SNPHN: 89%  
NSW: 90.7%



**5-years-old**

**86.5%** fully immunised  
SNPHN: 90%  
NSW: 92.5%

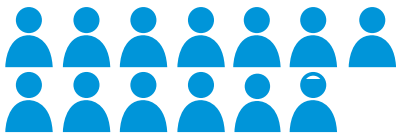
## CANCER SCREENING

**Bowel cancer screening** participation rates among people aged **50-74 years in North Sydney (37.6%)** similar to the SNPHN rate (37.1%) but higher than the NSW rate (35.1%).

**Cervical cancer screening** participation rates among women aged **20-69 years (62.2%)** similar to the SNPHN rate (62.7%) but higher than the NSW rate (56%).

**Breast cancer screening** participation rates among women aged **50-69 years (49.8%)** lower than both SNPHN (52.5%) and NSW (51.6%) rates.

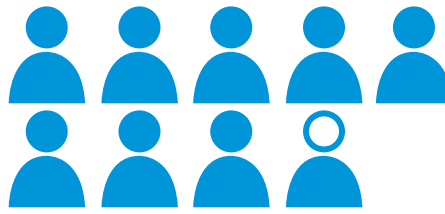
## MENTAL HEALTH



**12.9 per 100**

(15+ years) report mental and behavioural problems

SNPHN: 12.1; NSW: 13.1



**8.5 per 100**

(18+ years) report high or very high psychological distress

SNPHN: 8.5; NSW: 10.5

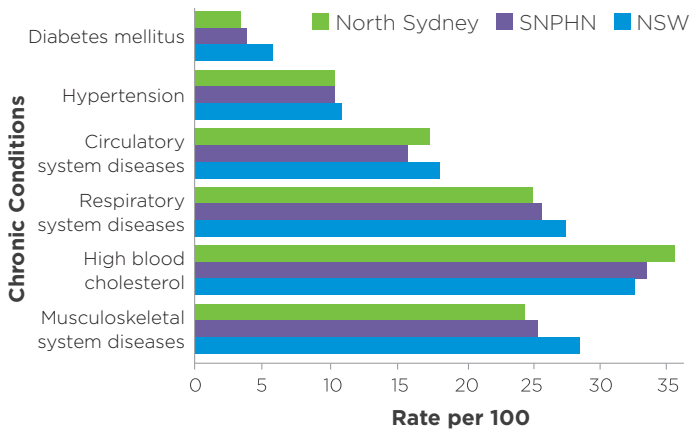


**7,254 per 100,000**

with a Mental Health Treatment Plan created by a GP

SNPHN: 6,271; NSW: 8,222

## CHRONIC CONDITIONS



## POTENTIALLY PREVENTABLE HOSPITALISATIONS



**1,469 per 100,000**

NSW: 2,086 per 100,000

## PRIMARY HEALTHCARE



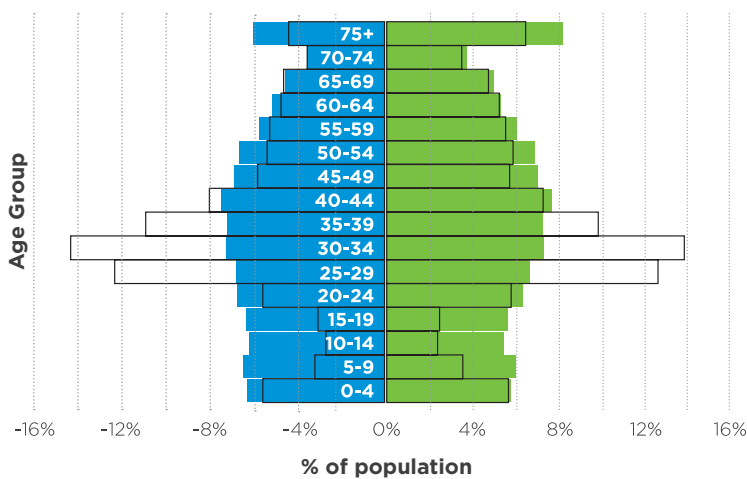
**21** GP practices in the North Sydney region

**142 GPs per 100,000**

SNPHN: 128 per 100,000 people; NSW: 118 per 100,000 people

## DEMOGRAPHY

### Age structure comparison by sex for North Sydney and SNPHN



□ North Sydney males ■ SNPHN males □ North Sydney females ■ SNPHN females

**Total population 72,618.** Between 2016-2031, the total population will increase by 19.8% to 85,700  
SNPHN: 20.3%; NSW: 19.7%

**Area: 10.5 km<sup>2</sup>**

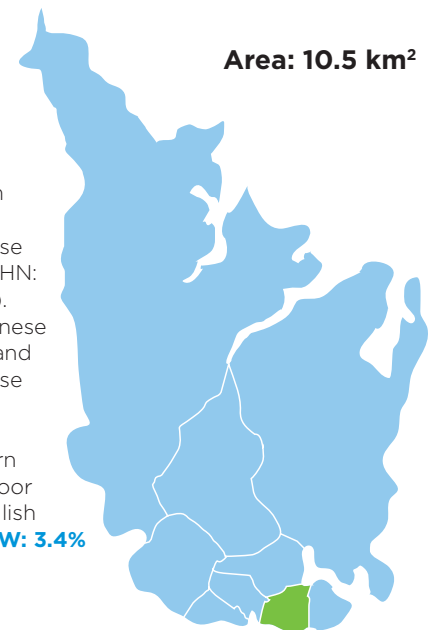
### CALD

20.8% of the population is from a culturally and linguistically diverse background (SNPHN: 22.1%; NSW: 18.6%). Chinese and Japanese largest culturally and linguistically diverse groups.

1.7% of people born overseas report poor proficiency in English  
SNPHN: 2.8%; NSW: 3.4%

### Aboriginal

**0.3% (190)** of the population identify as Aboriginal and Torres Strait Islander  
SNPHN: 0.4%; NSW: 3%



## Sources

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For more information, visit [www.snhn.org.au](http://www.snhn.org.au)

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