

KU-RING-GAI LOCAL GOVERNMENT AREA HEALTH PROFILE

Ku-ring-gai Local Government Area (LGA) is one of 9 LGAs in the Sydney North Primary Health Network (SNPHN) region.

Key Areas: Childhood immunisation and elderly population.

HEALTH DRIVERS

Ku-ring-gai LGA is an affluent area, ranking in the least disadvantaged quintile (20%) on the index of relative socio-economic disadvantage.



1% of people aged 16-64 years receive unemployment benefits
SNPHN: 1.7%; NSW: 5.2%



49.6% of people aged 17 years participating in tertiary education
SNPHN: 46.1%; NSW: 29.9%



28.1% of low-income families experience financial stress from mortgage or rent
SNPHN: 33.6%; NSW: 32.9%

VULNERABLE GROUPS

Children

4.9%
(1,264)

of children in low-income, welfare-recipient families
SNPHN: 7.2%; NSW: 24%



Older People

17.7% (21,770)

of the total population aged 65+ years
SNPHN: 15.5%; NSW: 15.7%

Between 2016-2031, there will be an increase of **36.2%** in the 65+ years population
SNPHN: 43.3%; NSW: 50.3%



Disability

3.1% of the population have severe or profound disability
SNPHN: 3.4%; NSW: 4.9%



HEALTH RISK FACTORS



Obesity

13.5 per 100
(18+ years) obese
SNPHN: 17.7; NSW: 26.4



Alcohol

Alcohol attributable hospitalisations **30% higher** than the NSW rate.
918 per 100,000



Smoking

8.2 per 100
(18+ years) current smokers
SNPHN: 10.2; NSW: 16.2

CHILDHOOD IMMUNISATION

IMMUNISATION RATES LOWER THAN THE NATIONAL ASPIRATIONAL TARGET OF 95%



1-year-old

88%
fully immunised
SNPHN: 90%
NSW: 90.1%



2-years-old

89.1%
fully immunised
SNPHN: 89%
NSW: 90.7%



5-years-old

90%
fully immunised
SNPHN: 90%
NSW: 92.5%

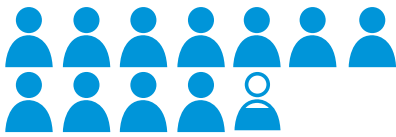
CANCER SCREENING

Bowel cancer screening participation rates among people aged **50-74 years in Ku-ring-gai (36.8%)** similar to the SNPHN rate (37.1%) and higher than the NSW rate (35.1%).

Cervical cancer screening participation rates among women aged **20-69 years (65.4%)** higher than both SNPHN (62.7%) and NSW (56%) rates.

Breast cancer screening participation rates among women aged **50-69 years (52.6%)** similar to the SNPHN rate (52.5%) and higher than NSW rate (51.6%).

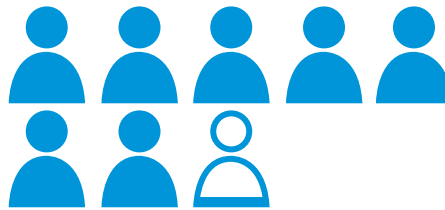
MENTAL HEALTH



11.3 per 100

(15+ years) report mental and behavioural problems

SNPHN: 12.1; NSW: 13.1



7.1 per 100

(18+ years) report high or very high psychological distress

SNPHN: 8.5; NSW: 10.5

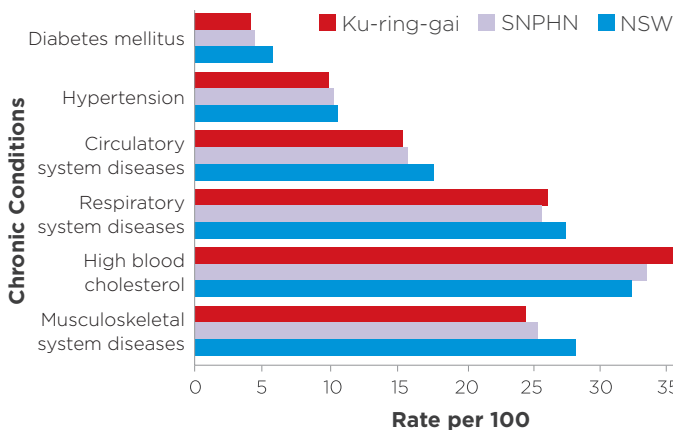


5,570 per 100,000

with a Mental Health Treatment Plan created by a GP

SNPHN: 6,271; NSW: 8,222

CHRONIC CONDITIONS



POTENTIALLY PREVENTABLE HOSPITALISATIONS



1,451 per 100,000

NSW: 2,086 per 100,000

PRIMARY HEALTHCARE



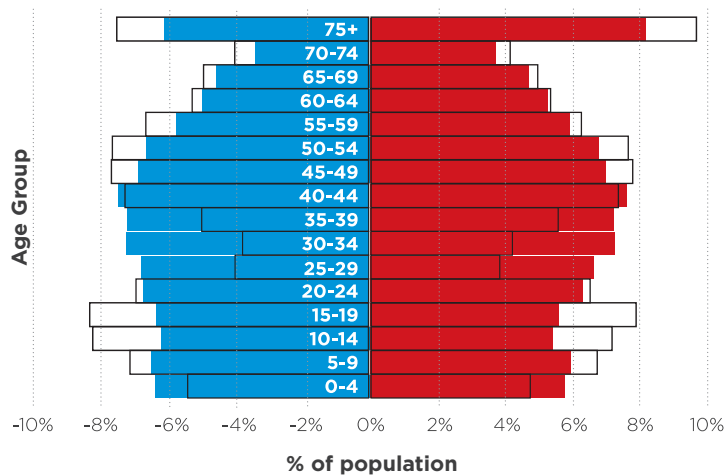
35 GP practices in the Ku-ring-gai region

117 GPs per 100,000 people

SNPHN: 128 per 100,000 people; NSW: 118 per 100,000 people

DEMOGRAPHY

Age structure comparison by sex for Ku-ring-gai and SNPHN



□ Ku-ring-gai males ■ SNPHN males □ Ku-ring-gai females ■ SNPHN females

Total population 122,859. Between 2016-2031, the total population will increase by 21.2% to 151,100
SNPHN: 20.3%; NSW: 19.7%

Area: 85.4 km²

CALD

20.5% of the population is from a culturally and linguistically diverse background (SNPHN: 22.1%; NSW: 18.6%). Chinese and South Korean largest culturally and linguistically diverse groups.

2.2% of people born overseas report poor proficiency in English

SNPHN: 2.8%; NSW: 3.4%

Aboriginal

0.2% (191) of the population identify as Aboriginal and Torres Strait Islander

SNPHN: 0.4%; NSW: 3%



Sources

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- NSW: Department of Planning & Environment 2016, New South Wales State and Local Government Area Population, Household and Dwelling: 2014 Final, NSW Planning Department of Planning & Environment, Sydney, viewed June 2016, www.planning.nsw.gov.au.
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