

## Getting healthy before pregnancy



### **Managing obesity and diabetes before conception to optimise outcomes**

This one day course has been developed for healthcare practitioners to enhance knowledge and skills in the field of preconception care. It will provide an overview of the latest evidence regarding optimisation of preconception health, particularly for women with diabetes, obesity and other medical conditions, and be taught by some of Australia's leading experts in this area. The afternoon session will provide skills based training in the multidisciplinary management of pre-existing diabetes, obesity and contraception.

#### **When**

Saturday 20 August 2016  
9am – 4.45pm

#### **Where**

Charles Perkins Centre  
University of Sydney

#### **Registration fee (including GST)**

\$180 GPs, specialists  
\$110 Nurses, midwives, dietitians

#### **CPD**

This program has received endorsement for professional activity points from RANZCOG, DAA and ACM. Points pending from RACGP and ACN.

#### **More information and registration**

[sydney.edu.au/perkins/education/short-courses-seminars-workshops.shtml](http://sydney.edu.au/perkins/education/short-courses-seminars-workshops.shtml)

#### **Contact**

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