

**Asthma**  
Australia

# Connecting Asthma Care

**Asthma Symposia Series**  
13 - 26 October 2016

## REGISTRATIONS

Early Bird closes 15 July, \$100pp\*  
[asthmaaustralia.org.au/symposium](http://asthmaaustralia.org.au/symposium)

## FEATURING

*New Thinking in  
Severe Asthma, and  
Asthma and Allergy*

Associate Professor Helen Reddel  
**Presenting**  
'Living with Severe Asthma' study

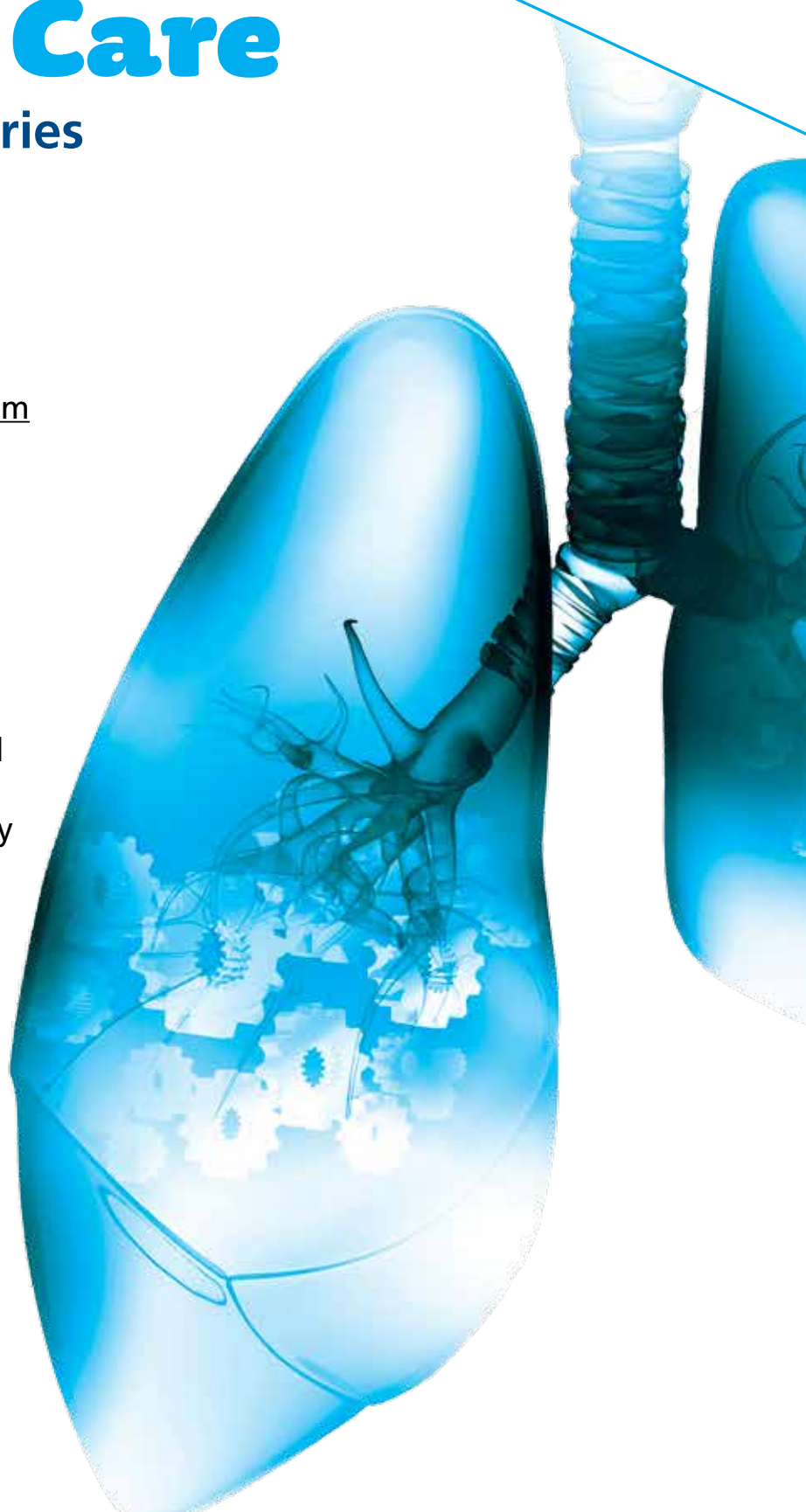
**Sydney  
Symposium  
Program**

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## Welcome

Asthma is a manageable condition. With effective treatment, most people with asthma will enjoy a normal, healthy life. However, asthma continues to have a significant impact on the lives of many people living with, and others caring for people with the condition.

Many people in government and the general community believe asthma is under control. However, current evidence highlights that asthma self-management and control is suboptimal for many people in the community.

Consumer market research of more than 1,000 people highlighted that people with poorly controlled asthma primarily see it as a physical health issue (80%), with few thinking that it has other effects on their life. However, the report is evidence that poorly controlled asthma has serious impacts on day-to-day lives in the workplace, family life, leisure time and relationships.

A proactive approach towards asthma self-management is seldom reported by people, with many experiencing daily symptoms, struggling with medication adherence and feeling ill-informed and disempowered about their condition.

There is a lot more that can be done to help people with asthma take control of their condition. There are potentially powerful interventions that can be adopted within systems that provide support for people with asthma. These include hospitals, community health services, general practice, community pharmacy, Primary Health Networks, and consumer organisations such as Asthma Australia.

## About the Asthma Symposia Series

Asthma Australia together with your local Asthma Foundation is pleased to present the 2016 Asthma Symposia series and we encourage health professionals involved in all aspects of asthma and allergy related care to attend. With a wide and varied program, incorporating research and clinical updates through to practical information on device technique, you will find something to meet your professional needs.

## Registration Fees

- \$120\* Standard registration
- \$100\* Early bird - ends 15 July
- \$80\* Student concession

\* excludes GST

For full conference details visit [asthmaaustralia.org.au/symposium](http://asthmaaustralia.org.au/symposium)



# Sydney Symposium Program

13 October 2016, Zenith Theatre

8.30	Registration commences	
9:15	Welcome	
9.30 - 10:30	Associate Professor Helen Reddel Woolcock Institute of Medical Research <i>'A Qualitative Study of the Lived Experience of Australians with Severe Asthma'</i>	
<b>10:30 - 11:00</b>	<b>Morning Tea</b>	
11:00 - 12:00	Associate Professor Janet Rimmer St Vincent's Hospital, Specialising in Asthma, Rhinitis, Allergies and Anaphylaxis <i>(topic title to be confirmed)</i>	
<b>12:00 - 12:45</b>	<b>Lunch</b>	
12:45 - 1:25	Professor Phil Hansbro, Hunter Medical Research Institute <i>'Prevenar for treatment of severe asthma'</i>	Anthony Flynn, Asthma Foundation Queensland and New South Wales & Oshana Hermiz, University of New South Wales <i>'GASP: A new approach to managing asthma in Primary Health Care'</i>
1:35 - 2:15	Professor Joerg Mattes, Hunter Medical Research Institute <i>'Using Fraction of Exhaled Nitric Oxide (FeNO) to manage asthma in pregnancy and its effects on respiratory health in early life'</i>	Associate Professor Lorraine Smith, University of Sydney <i>'Lessons from a telephone-based adherence counselling program'</i>
<b>2:15 - 2:45</b>	<b>Afternoon Tea</b>	
2:45 - 3:25	Dr Louisa Owens, Sydney Children's Hospital Network <i>'Asthma predictors from infancy to adulthood'</i>	Tanya Raineri, Asthma Foundation Queensland and New South Wales <i>'Enhanced emergency discharge procedure for asthma'</i>
3:35 - 4:15	Debra Savage Allergy and Anaphylaxis Australia <i>'Emergency treatment of Anaphylaxis'</i>	Professor Stephen Jan, The George Institute for Health <i>'Factors affecting the quality use of asthma medications'</i>
4:20 - 5:00	Lorraine Smith <i>'Severe asthma: towards a new consumer resource'</i>	

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## Keynote Speaker

### Associate Professor Helen Reddel

Associate Professor Helen Reddel is a respiratory physician mainly working on primary care research and guidelines for asthma and COPD. She is a Research Leader at the Woolcock Institute of Medical Research, Chair of the Science Committee of GINA, Clinical Adviser for the Australian Centre for Airways disease Monitoring (ACAM), and a member of the Australian Asthma Handbook Guidelines Committee.

A/Prof Reddel's current research focusses on practical strategies to improve asthma and COPD management, with particular interest in adherence and inhaler technique; collaborations with GPs, pharmacists and practice nurses; and population monitoring of asthma and COPD. She has a strong focus on improving communication between patients and health professionals, and on making guidelines not only evidence-based, but also practical and practice-centred.

## Thank you

Asthma Australia would like to thank its partners and sponsors for their generous support which has enabled them to bring this symposia series to you.



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