

Small changes,
big differences.



FREE Triple P Group Work Program For parents of children aged 2-9

Triple P is a parenting program for all families that provides practical answers to everyday questions. The group program gives you the opportunity to develop skills, gain support from other parent/carers, and view video demonstrations of core parenting skills. Best of all, this program gives you the chance to practice these skills. The program includes telephone support from the presenters.

The group work program involves the first 4 weeks at Naremburn Family Centre, followed by a 1 week phone call session. The final week is back at the Family Centre, where parents/carers receive a summary of what they have learnt throughout the program. It will also be an opportunity for reflection, to share experiences and ask final questions.

DATE: Tuesday – 17th May to 21st June 2016

TIME: 10am to 12pm

VENUE: Waitara Family Centre,
29 Yardley Avenue
Waitara 2077

BOOKINGS ARE ESSENTIAL AND PHONE INTERVIEW REQUIRED.

Please call Naremburn Family Centre on 8425 8700 or email naremburnfamilycentre@dbb.org.au

Please note children are unable to attend, and childcare is not provided.