

PMRI Symposium 2016

Enhancing treatment adherence:

the key to preventing disability & achieving better health outcomes



When

1st July 2016
09.00-18.00

Where

Charles Perkins Centre
Auditorium,
The University of Sydney,
Camperdown NSW 2006

Information and Registration

<http://sydney.edu.au/medicine/pmri/education/continuing/symposia.php>

For more information

paineducation@sydney.edu.au

About

This year's PMRI Symposium brings together an internationally recognized, multidisciplinary group of researchers and clinicians to share their expert understanding of the problem of treatment non-adherence, and present the latest evidence-based adherence measurement, monitoring, and management strategies.

Target Audience

The Adherence Symposium is targeted towards researchers, clinicians, and health service providers who have an interest in understanding and enhancing treatment adherence as a vehicle for improving patient outcomes.

Key Features

- Internationally renowned experts presenting their latest work on obstacles to, and ways of improving, treatment adherence
- A certificate of completion of 7 hours of CPD
- Panel discussion with all speakers, providing participants an opportunity to raise questions & engage in critical discussion
- Social hour to facilitate networking opportunities for clinicians & researchers

Keynote Speakers



Kristin Riekert, PhD.

Associate Professor in the Division of Pulmonary and Critical Care Medicine at the Johns Hopkins School of Medicine, and Director of Cystic Fibrosis Adherence Program and Co-Director of the Johns Hopkins Adherence Research Center, Baltimore

Dr. Riekert is Principal Investigator or co-Investigator on several NIH and foundation sponsored intervention trials focused on improving self-management and health outcomes in chronic illnesses.



Leslie Martin, PhD.

Professor of Psychology, La Sierra University, California

Dr. Martin has dedicated 20 years of research to understanding the role of clinician-patient communication in patient outcomes, including adherence. Dr. Martin has authored seminal books on this topic, including *Health Behavior Change and Treatment Adherence: Evidence-based Guidelines for Improving Healthcare*.

Program Overview

Session 1. Understanding the scope of the problem of non-adherence and obstacles to adherence

- The costs of non-adherence and the benefits of treatment adherence
- Methods of assessing adherence: What is the state of the art?
- Obstacles to treatment adherence

Session 2. New perspectives on the management of treatment adherence

- Evaluating the benefits of motivational interviewing for adherence
- Improving clinician adherence to treatment guidelines through mass media campaigns
- Internet and mobile technology for promoting medication adherence

Session 3. Evidence-based interventions

- Clinical communication as a tool for improving adherence
- Implementing adherence interventions in clinical practice

Social hour: Drinks, canapés, and networking

Objectives

- Raise awareness of the problem of patient non-adherence, and opportunities for intervention
- Provide a forum for critical discussion and reflection
- Foster collaboration between clinicians, researchers, and health service providers

Sponsors

