PMRI Symposium 2016
Enhancing treatment adherence:
the key to preventing disability & achieving better health outcomes

When
1st July 2016
09.00-18.00

Where
Charles Perkins Centre Auditorium,
The University of Sydney,
Camperdown NSW 2006

Information and Registration

For more information
paineducation@sydney.edu.au

About
This year’s PMRI Symposium brings together an internationally recognized, multidisciplinary group of researchers and clinicians to share their expert understanding of the problem of treatment non-adherence, and present the latest evidence-based adherence measurement, monitoring, and management strategies.

Target Audience
The Adherence Symposium is targeted towards researchers, clinicians, and health service providers who have an interest in understanding and enhancing treatment adherence as a vehicle for improving patient outcomes.

Key Features
• Internationally renowned experts presenting their latest work on obstacles to, and ways of improving, treatment adherence
• A certificate of completion of 7 hours of CPD
• Panel discussion with all speakers, providing participants an opportunity to raise questions & engage in critical discussion
• Social hour to facilitate networking opportunities for clinicians & researchers
Keynote Speakers

**Kristin Riekert, PhD.**
Associate Professor in the Division of Pulmonary and Critical Care Medicine at the Johns Hopkins School of Medicine, and Director of Cystic Fibrosis Adherence Program and Co-Director of the Johns Hopkins Adherence Research Center, Baltimore
Dr. Riekert is Principal Investigator or co-Investigator on several NIH and foundation sponsored intervention trials focused on improving self-management and health outcomes in chronic illnesses.

**Leslie Martin, PhD.**
Professor of Psychology, La Sierra University, California
Dr. Martin has dedicated 20 years of research to understanding the role of clinician-patient communication in patient outcomes, including adherence. Dr. Martin has authored seminal books on this topic, including Health Behavior Change and Treatment Adherence: Evidence-based Guidelines for Improving Healthcare.

Program Overview

**Session 1. Understanding the scope of the problem of non-adherence and obstacles to adherence**
- The costs of non-adherence and the benefits of treatment adherence
- Methods of assessing adherence: What is the state of the art?
- Obstacles to treatment adherence

**Session 2. New perspectives on the management of treatment adherence**
- Evaluating the benefits of motivational interviewing for adherence
- Improving clinician adherence to treatment guidelines through mass media campaigns
- Internet and mobile technology for promoting medication adherence

**Session 3. Evidence-based interventions**
- Clinical communication as a tool for improving adherence
- Implementing adherence interventions in clinical practice

Objectives

- Raise awareness of the problem of patient non-adherence, and opportunities for intervention
- Provide a forum for critical discussion and reflection
- Foster collaboration between clinicians, researchers, and health service providers

Sponsors

- St. Jude Medical
- Mundipharma