

# PMRI Symposium 2016

## Enhancing treatment adherence:

the key to preventing disability & achieving better health outcomes



### When

1<sup>st</sup> July 2016  
09.00-18.00

### Where

Charles Perkins Centre  
Auditorium,  
The University of Sydney,  
Camperdown NSW 2006

### Information and Registration

<http://sydney.edu.au/medicine/pmri/education/continuing/symposia.php>

### For more information

[paineducation@sydney.edu.au](mailto:paineducation@sydney.edu.au)

### About

This year's PMRI Symposium brings together an internationally recognized, multidisciplinary group of researchers and clinicians to share their expert understanding of the problem of treatment non-adherence, and present the latest evidence-based adherence measurement, monitoring, and management strategies.

### Target Audience

The Adherence Symposium is targeted towards at researchers, clinicians, and health service providers who have an interest in understanding and enhancing treatment adherence as a vehicle for improving patient outcomes.

### Key Features

- Internationally renowned experts presenting their latest work on obstacles to, and ways of improving, treatment adherence
- A certificate of completion of 7 hours of CPD
- Panel discussion with all speakers, providing participants an opportunity to raise questions & engage in critical discussion
- Social hour to facilitate networking opportunities for clinicians & researchers

## Keynote Speakers



**Kristin Riekert, PhD.**

*Associate Professor in the Division of Pulmonary and Critical Care Medicine at the Johns Hopkins School of Medicine, and Director of Cystic Fibrosis Adherence Program and Co-Director of the Johns Hopkins Adherence Research Center, Baltimore*

Dr. Riekert is Principal Investigator or co-Investigator on several NIH and foundation sponsored intervention trials focused on improving self-management and health outcomes in chronic illnesses.



**Leslie Martin, PhD.**

*Professor of Psychology, La Sierra University, California*

Dr. Martin has dedicated 20 years of research to understanding the role of clinician-patient communication in patient outcomes, including adherence. Dr. Martin has authored seminal books on this topic, including *Health Behavior Change and Treatment Adherence: Evidence-based Guidelines for Improving Healthcare*.

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## Program Overview

Session 1. Understanding the scope of the problem of non-adherence and obstacles to adherence

- The costs of non-adherence and the benefits of treatment adherence
- Methods of assessing adherence: What is the state of the art?
- Obstacles to treatment adherence

Session 2. New perspectives on the management of treatment adherence

- Evaluating the benefits of motivational interviewing for adherence
- Improving clinician adherence to treatment guidelines through mass media campaigns
- Internet and mobile technology for promoting medication adherence

Session 3. Evidence-based interventions

- Clinical communication as a tool for improving adherence
- Implementing adherence interventions in clinical practice

Social hour: Drinks, canapés, and networking

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## Objectives

- Raise awareness of the problem of patient non-adherence, and opportunities for intervention
- Provide a forum for critical discussion and reflection
- Foster collaboration between clinicians, researchers, and health service providers

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## Sponsors

