



Healthy • Active • Happy • Kids

*"It's so wonderful to have my active, happy, motivated and confident 10 year old boy back."*

*Go4Fun Parent.*



**A FREE 10 WEEK PROGRAM FOR KIDS AGED 7 TO 13 YEARS AND THEIR FAMILIES TO BECOME FITTER, EAT HEALTHIER AND IMPROVE THEIR SELF-ESTEEM.**

## North Narrabeen

**Tuesdays**

4.30pm-6.30pm

Starts 2nd February 2016

**Pittwater Sports Centre**

1525 Pittwater Rd

North Narrabeen

## Ryde

**Wednesdays**

4.15pm-6.15pm

Starts 3rd February 2016

**Ryde Aquatic  
Leisure Centre**

504 Victoria Rd , Ryde

(Enter from Karen Moras Dr)

**REGISTER NOW FREECALL 1800 780 900 OR GO4FUN.COM.AU**



Health  
Northern Sydney  
Local Health District