

## Northern Beaches Cancer Service

Founded in 1980 at Manly Hospital, the Northern Beaches Cancer Service cares for patients with many different types of cancer.

### Services available Monday to Friday:

- **Medical oncology consultations**
- **Regular chemotherapy clinics**
- **Radiation oncology consultations**
- **Follow-up medical consultations**
- **Nursing advice on cancer care**
- **Pharmacy review of medications**

### Staff who work at the Service include:

- **Dr Jonathan Page - Medical Oncologist**
- **Dr Mamta Bagia - Medical Oncologist**
- **Dr Marita Morgia - Radiation Oncologist**
- **Dr Gillian Lamoury - Radiation Oncologist**
- **Kerry Hawke – Clinical Nurse Consultant**
- **Tania Savjak - Clinical Nurse Specialist**
- **Tracey Hughes - Chemotherapy Nurse**
- **Elaine Arnold - Breast Care Nurse**
- **Niamh O'Neill - Oncology Pharmacist**
- **Jayshree Tosar - Pharmacy Technician**
- **Belinda Brown – Administration Manager**

## Aims of our Cancer Service

The Service aims to provide prompt access to diagnosis, therapy and support for patients with many cancers, according to their need.

### Types of cancers we treat

Patients with cancer of breast, bowel, prostate, lung, ovary, skin, head & neck, oesophagus, stomach, pancreas, liver, kidney, testis and bladder, as well as lymphoma, myeloma and chronic leukaemia are treated in the service.

Treatments we offer include:

- **Chemotherapy: injections or pills**
- **Hormone-blocking therapies**
- **New "targeted" therapies**
- **Treatment for lymphoedema**
- **Drainage of fluid - on referral**
- **Radiation therapy - on referral**
- **Cancer surgery - on referral**
- **Pain and symptom management**

Symptoms that may need therapy include pain, headache, numbness, tingling, weakness, low appetite, pain on swallowing, nausea, vomiting, weight loss, diarrhoea, constipation, shortness of breath, cough, swelling of arm, leg or belly, rash, fatigue, anxiety and depression.

## Advantages of the Service

In Manly Hospital, the Service has access to:

- **An Oncology Pharmacy**
- **X-rays, Scans & Pathology**
- **A 24/7 Emergency Unit**
- **A Day Stay Unit**
- **General Hospital Wards**
- **An Intensive Care Unit**
- **Social Workers**
- **Dieticians**
- **Physiotherapists**
- **Occupational Therapists**
- **Specialist Consultations**
- **Palliative Care**
- **A Meditation Support Group**

## Accessing the Service

There is a car park for patients located behind Manly Hospital, with entry for a small charge.

If transport is needed for a frail patient, a Hospital car can usually be arranged if the Clinic is contacted with two days' notice.

Bus No. 135 can be caught from Manly Wharf Stand J and stops right outside the Hospital.

## How to find the Service

Manly Hospital is on Darley Rd, a main road up from Manly Beach heading to North Head.

If coming by car or bus, drive up Darley Rd until you see Manly Hospital's sign at right.

Patients can be dropped in the Manly Hospital front drive, at the entrance near the Cafe.

The Cancer Service is in the West Wing, just to the right and up one level (by lift or stairs) after entering the front of Manly Hospital.

Coming from the Hospital car park at the rear, the Service can be accessed by the South Wing entrance, and reached by lift to Level 4.

Please phone 9976 9816 two days before if a patient will need wheelchair transport.

## Cancer service coordination

Northern Beaches Cancer Service works closely with Manly Hospital, Mona Vale Hospital, Royal North Shore Hospital, private hospitals, GPs, Hammond Palliative Care and Northern Sydney Home Nurses to provide comprehensive care.

Surgery for brain, spine or gynaecologic cancer problems are usually provided through RNSH.

## KEY CONTACT NUMBERS

**Emergency (Ambulance) 000**

If a patient is unwell at home at any time it is OK to call 000 for an ambulance to take them to the nearest hospital.

**Manly Hospital 9976 9611**

Manly Hospital has switchboard staff who take and pass on calls regarding patients 24 hours a day, 7 days a week.

## Northern Beaches Cancer Service

**9976 9816 or 9976 9824**

From 8:00-4:30pm, Monday to Friday, staff will usually be ready to discuss problems and arrange appointments or transport.

**Mona Vale Hospital 9998 0333**

## Northern Sydney Home Nursing Service

Manly 9976 9888

Mona Vale 9997 4482

**Hammond Care Palliative Care 9998 3600**

Northern Sydney Local Health District



# Northern Beaches Cancer Service

*caring for cancer patients on the  
Northern Beaches since 1980*



From the original sketch by Erin Hill  
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