

*Are you looking for a new approach to improve patient/client compliance,
adherence and self-management?*

SESLHD Connecting Care Program
invites you to:

**Part 1: Health Coaching for Health Professionals:
Two-day workshop for Health Professionals**

Presented by:



8:00am – 4:30pm

12 and 13 November 2015 – War Memorial Hospital, Waverley

This interactive workshop will present evidence-based principles and techniques that can be applied in a time-efficient and structured way to enable health practitioners to quickly identify and minimise potential barriers to health behaviour change in order to increase client adherence. It provides micro skills to enhance client readiness, importance and confidence to make lifestyle changes and better manage their health.

The model has been shaped by input from thousands of health practitioners and because of this it bridges the gap between theory and practice.

After attending this workshop, nurses, allied health professionals, GPs and practice nurses have reported that they significantly increased their success rates in promoting patient health behaviour change and also increased their professional job satisfaction.

Please register me for the **HCA 2-day Health Coaching workshop on 12 & 13 November 2015 at War Memorial Hospital, Waverley**

Name: Position:

Hospital/Service/Practice.....

Phone number Work: () Mobile:

Email Address:

Dietary Requirements: (light lunch provided)

Signature:

RSVP Fax to 9540 8164 or email Joanne.Jacobs@sesiahs.health.nsw.gov.au as soon as possible. For more information see website www.healthcoachingaustralia.com.au or contact Joanne Jacobs on 9540 8180 or Linda Soars on 0400 518 777. We will confirm via email if you have a place in the selected workshop – please call if you have not heard after 14 days. We have more people than places so please let us know if you can't attend.

Please note: participants will not be awarded an HCA Certificate of Attendance if they do not attend the entire workshop; this includes arriving late or leaving early on either of the days.