

Dealing with Adolescent Depression



Health Professional Education

Workshop Details

When: *Saturday 18th November 2017*
When: *9:00 am - 5:00 pm*
Where: *Black Dog Institute
Hospital Rd, Randwick NSW 2031*
Cost: *\$360*
Facilitator: *Dr Guy Gordon*

Program Outline

The program aims to help general practitioners develop confidence in relating to teenagers, understanding their issues and distinguishing those who are experiencing normal adolescent difficulties from those with a clinical mood disorder. GPs will be provided with a comprehensive grounding in recognising, assessing and managing depression in adolescents. The program uses case based learning to demonstrate a practical clinically applicable approach to identifying and managing adolescent depression. The program details risk assessment in adolescence, comprehensive management planning and considerations involved in managing confidentiality, carer involvement and prescribing medication for this specific population.

Suitable for

GPs



Topics Covered

1. Understanding and Engaging Adolescents
2. Diagnosing Adolescent Depression
3. Assessing and Managing Risk
4. Managing Adolescent Depression
5. Putting it all Together

Accreditation

- 40 RACGP QI&CPD Category 1 Points
- 30 ACCRM PRPD
- Mental Health Skills Training GPMHSC)



Register Online

Visit https://blackdoginstitute.secure.force.com/forms/bdi_EducationMasterCourseIndividual?mstrCrsId=a1K12000000fqXuEAI

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