# GP Shared Antenatal Care Protocol

**Please ensure women book at 6-8 weeks for their 14 week ANC appointment**

<table>
<thead>
<tr>
<th>Gestation</th>
<th>Provider</th>
<th>Action</th>
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| 0-10 weeks | GP (1 or 2 visits) | - Confirm pregnancy. Discuss options of care. Healthy pregnancy advice.  
- Consider dating scan if applicable (optimal around 8/40)  
- Full history and assess suitability for shared care  
  - general/obstetric/gynaecological  
  - depression risk factors - past history of depression, lack of social support, recent life stressors, drug and/or alcohol abuse, domestic violence.  
- Pap smear (if nil in last 2 years)  
- Arrange pathology tests with appropriate counselling  
  - FBC  
  - Rubella serology  
  - HepB surface antigen  
  - MSU  
  - Varicella IgG  
- HbA1c for women with:  
  - previous diabetes in pregnancy  
  - previously elevated blood glucose  
  - polycystic ovarian syndrome  
  - maternal age ≥40  
  - Ethnicity Asian, Indian subcontinent, Aboriginal, Torres Strait Islander, Pacific Islander, Maori, Middle Eastern, non-white African  
- Family history DM or sister with GDM  
- pre-pregnancy BMI>30kg/m²  
- Previous macrosomia (baby with birth weight >4500g or >90th centile)  
- medications: corticosteroids, antipsychotics  
- Results  
  - <5.4% no further action, 75g oGTT at 24-28 weeks  
  - ≥5.4% GDM, refer to GDM Care at booking hospital  
- Genetic Counselling at risk women inc 35+ years  
- Nuchal transulency counselling and referral  
- Referral for morphology U/S  
- Refer to Booking Clinic.

11 - 13.6 weeks | Ultrasound | Nuchal Translucency screen + biochemistry |
11.5 - 14 weeks | GP | Review with woman / couple & all results  
  - Influenza vaccination |
14 weeks | Antenatal Clinic | 1st Hospital Antenatal Clinic visit with Midwife |
16 weeks | Antenatal Doctor’s Clinic | Hospital Antenatal Clinic visit or notes review |
18 - 19 weeks | Ultrasound | Morphology ultrasound |
20 weeks | GP | Review 18/40 U/S Result  
  - Routine visit  
  - blood pressure  
  - fundal height (symphysis to fundus in cms)  
  - fetal movements  
  - fetal heart sounds |
24 weeks | GP | Routine visit  
  - Discuss signs of preterm labour  
  **Arrange for 26-28 weeks** (with copy of results to ANC):  
  - repeat Hb  
  - repeat antibody screen (if Rh negative)  
  - 75 gram oGTT (0, 1 and 2 hour) |
28 weeks | Antenatal Clinic | Routine visit  
  - Rh D immunoglobulin immunisation if Rh negative |
31 weeks | GP | Routine visit  
  - Pertussis immunisation (if not administered at 28 week antenatal clinic visit) |
34 weeks | GP | Routine visit + Discuss Low Vaginal Swab  
  - Confirm 36/40 ANC visit  
  - Repeat Hb if previous <105 (with copy of results to ANC) |
36 weeks | Antenatal Clinic | Routine visit (Rh D immunoglobulin immunisation if Rh negative)  
  - Low vaginal swab for Group B Streptococcus  
  - Discussion re signs of labour + birth plan |
38 | GP | Routine visit |
40 weeks | Antenatal Clinic | Arrange and discuss ANC visit at 41/40 - Induction of labour |
41 weeks | Antenatal Clinic | Routine visit + fetal assessment + plan for induction of labour |
D/C - 6 weeks postnatal | GP | Review summary of labour/puerperium sent by hospital  
  - Assess mother - BP/PV/PAP/Contraception/Pelvic Floor Health/Breast Check  
  - Assess for PND/EPDS  
  - Assess baby |