

Sydney

Friday 11 August 2017

Portside Conference Centre

Early Bird Regular - \$264

Regular - \$310

Early Bird Group (3+) - \$251

Group (3+) - \$295

Early Bird Professional - \$237

Professional Member - \$279

Early Bird Student - \$211

Student - \$248

*early bird pricing ends 8 weeks from date of training

Register online at blueknot.org.au
or call 02 8920 3611 for information



Integrating trauma-informed practice when working with clients affected by AOD

This one-day interactive training provides practitioners with the foundational knowledge and skills for working clinically with adult survivors of complex trauma and to understand the complex interaction between alcohol and other drugs (AOD) and presentations of (complex) trauma.

This training initially introduces the universal trauma-informed framework, which underpins all practice. It then focuses on the physiological impact of psychoactive substances, which clients may use to manage their symptoms of complex trauma. The training also looks at the adaptive qualities of AOD use in a trauma-informed framework.

Participants will acquire insights and tools to support clients who present with challenges related to 'adaptive' coping strategies, arousal, emotional regulation, attachment and safety. The training promotes a strengths-based approach that minimises re-traumatisation, fosters a therapeutic relationship and enhances possibilities for recovery from both AOD use and (complex) trauma.

By participating in this professional development training, attendees will:

- Utilise knowledge of the types, prevalence, dynamics and impacts of individual, complex and collective trauma to articulate the benefits of trauma-informed practice
- Develop an understanding of the complex interaction between (complex) trauma and AOD use as an adaptation to manage their arousal and nervous system dysregulation
- Apply an understanding of the stress response, attachment and child development to strategies for supporting the capacity to regulate emotions and arousal
- Increase awareness about the interconnectedness of (complex) trauma and problematic AOD use and the clinical implications resulting from this link
- Develop a best practice framework when working with people affected by (complex) trauma and AOD use

Who should attend?

Support professionals and other relevant personnel working with adults affected by AOD. Caseworkers, counselling and intake assessment clinicians, support workers, telephone and online counsellors working in diverse settings including but not limited to hospital and community health services, therapeutic communities, specialist alcohol and other drug services, forensic system, Aboriginal health services, dual diagnosis services, homelessness and outreach services.