**Hornsby Healthy Kids**

**Hornsby General Practice Unit**

**3-7 Derby Road, Hornsby 2077**

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**Hornsby Ku-ring-gai Hospital**

**Department of Paediatrics**

**Phone 9477 9146 Fax 9477 9824**

GP Referral Form Fax completed form to 9477 9824

A multidisciplinary weight management service for overweight or obese children <12 years old and their families staffed by:

Paediatricians – Dr Anna Gill / Dr Kate Webster; GP – Dr Jennifer Kendrick ; Exercise therapist –Tom Carruthers; Dieticians – Kerryn Chisolm and Caroline Hill; Clinical Psychologist – Beatrijs Dewulf;; Registered Nurse Nicole Page; GP Registrar.

**PATIENT DETAILS**

|  |  |
| --- | --- |
| Surname: | First Name: |
| Date of Birth: | Sex: □ Male □ Female |

**PARENT / CARER CONTACT DETAILS**

|  |  |
| --- | --- |
| Name: | |
| Home phone: | Mobile phone: |
| Language spoken at home: | |
| Interpreter required: □ Yes □ No | If yes, specify language: |

**CLINICAL DETAILS**

|  |  |  |
| --- | --- | --- |
| Weight: | | Height: |
| BMI: | BMI centile: | |
| (see reverse of this page for calculation and tables) | | |
| Go4Fun completion date if applicable: | | |
| Investigations if already performed:  Not needed routinely, please attach results if applicable.  (Consider fasting BSL, Insulin, TG, Cholesterol +/- Vit D, iron studies, LFTs.) | | |
|  | | |
|  | | |
| Other significant medical or social history: | | |
|  | | |

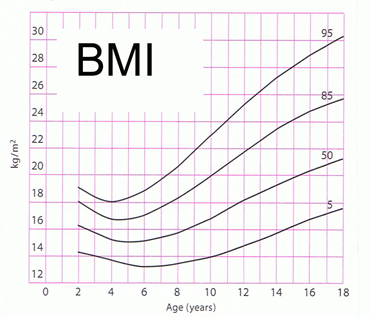
**PATIENT AGREEMENT**

|  |  |
| --- | --- |
| I, …………………….…………………………. (parent/guardian name) have discussed the referral to Hornsby Healthy Kids with our doctor and consent to participate. I understand that participation in the clinic requires regular attendance and monitoring of progress and that measurements and progress will be recorded and used for ongoing evaluation of the clinic program.  …………………….…………………………. (parent / guardian signature) | |
|  |  |

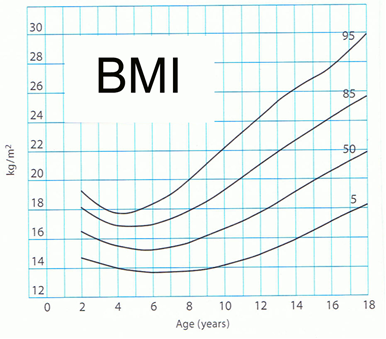
**REFERRING DOCTOR DETAILS**

|  |  |
| --- | --- |
| Name: | |
| Provider number: | |
| Address: | |
| Phone: | Fax: |
| Signature | Date: |

**BMI centile charts** taken from CDC Growth charts Overweight is defined as 85th to 95th centile for age. Obese is defined as over the 95th centile for age.



**Girls**



**Boys**

Body Mass Index (BMI) = weight in kg ÷ (height in metres)2