



# Child, Youth and Family

Information for parents and carers

[www.benevolent.org.au](http://www.benevolent.org.au)

**benevolent** SOCIETY



## Strengthening family relationships and resilience to create safe and stable homes where kids can thrive.

### Who we are

In 2011 The Benevolent Society integrated their child and family programs to create the Child, Youth and Family service. The purpose of the integration was to provide a holistic approach to the needs of vulnerable children, young people and families, as well as more efficient and effective services to address and support these needs.

Child, Youth and Family is based at Rosebery and comprises of a Manager, Team Leaders, Practice Support Coordinator, Senior Practitioners, Child and Family Practitioners, and Child and Family Workers. The team qualifications include social work, psychology and education.

## What we do

Child, Youth and Family works with families on a voluntary basis. We will work with you for anywhere between 3-12 months, depending on the need of the family. We help parents to be the best parents they can be, to work and build on things that are going well and address things that are not going so well.

We help parents to manage crisis, stress and conflict and to develop skills to manage children's behaviours, set boundaries and help children's learning and development. We can also help parents access support for child care, housing, health care, financial literacy and other support services that may be needed.

## How does the program work

Families who are referred to us will work with a dedicated professional called a Child and Family Practitioner. Our practitioners only work with a small number of families so they can understand each family's individual needs and challenges and provide intensive support where required.

We are a voluntary program, this means that while families may be referred to us, it is up to the family whether they chose to be involved with our service. It is important that families understand what is required of them when working with the Child, Youth and Family service.

## Is my family eligible?

Child, Youth and Family work with or without The Department of Families and Community Services (FaCS) involvement, families can also self refer. We work with families living in Eastern and Metro Central Sydney. Families working with FaCS in Lakemba, Epping and Chatswood may also be eligible to work with the Child, Youth and Family service.

## We are The Benevolent Society

We help people change their lives through support and education, and we speak out for a just society where everyone thrives.

We're Australia's first charity. We're a not-for-profit and non-religious organisation and we've helped people, families and communities achieve positive change for 200 years.

Visit [www.benevolent.org.au](http://www.benevolent.org.au) to find out more or connect with us at  

### The Benevolent Society

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